



ideal smile

**Ordinary To Extra Ordinary**  
**Get the smile you truly deserve!**





**Dr. Aqib mudassar** graduated from demontmorency college dental Lahore in 1997. His desire to deliver excellence in comprehensive dental care took him to USA, where he started his practice in Madera California in 2009. He did extensive post graduate learning and training in cosmetic dentistry from USA. The opportunity to bring a better experience and superior quality treatments to general public is what motivates him. It was in 2015, when he moved back to Pakistan and started working on promoting excellence within private dental sector.

For last 5 years he has been a trend setter for dental community in Pakistan. His mission is to take dentistry to International Standard in Pakistan. He is proud to change lives of so many people with beautiful smile makeovers. There are small details which we consider at Ideal smile. We strive every day to give our 100% to our valued customers His forward-thinking approach along with his dedication to profession is key for his success







## ***Our Mission***

*Our mission is to deliver unparalleled international quality dental care and provide with an Ideal Smile in an environment that feels like home*

## ***Our Purpose***

*We are here to help you appreciate the well-being of your body and its integral relation with oral health.*

*The human body works in a sophisticated way and negligence can lead to alarming consequences*

*As health care professionals we understand that only a truly healthy person can have an Ideal Smile.*

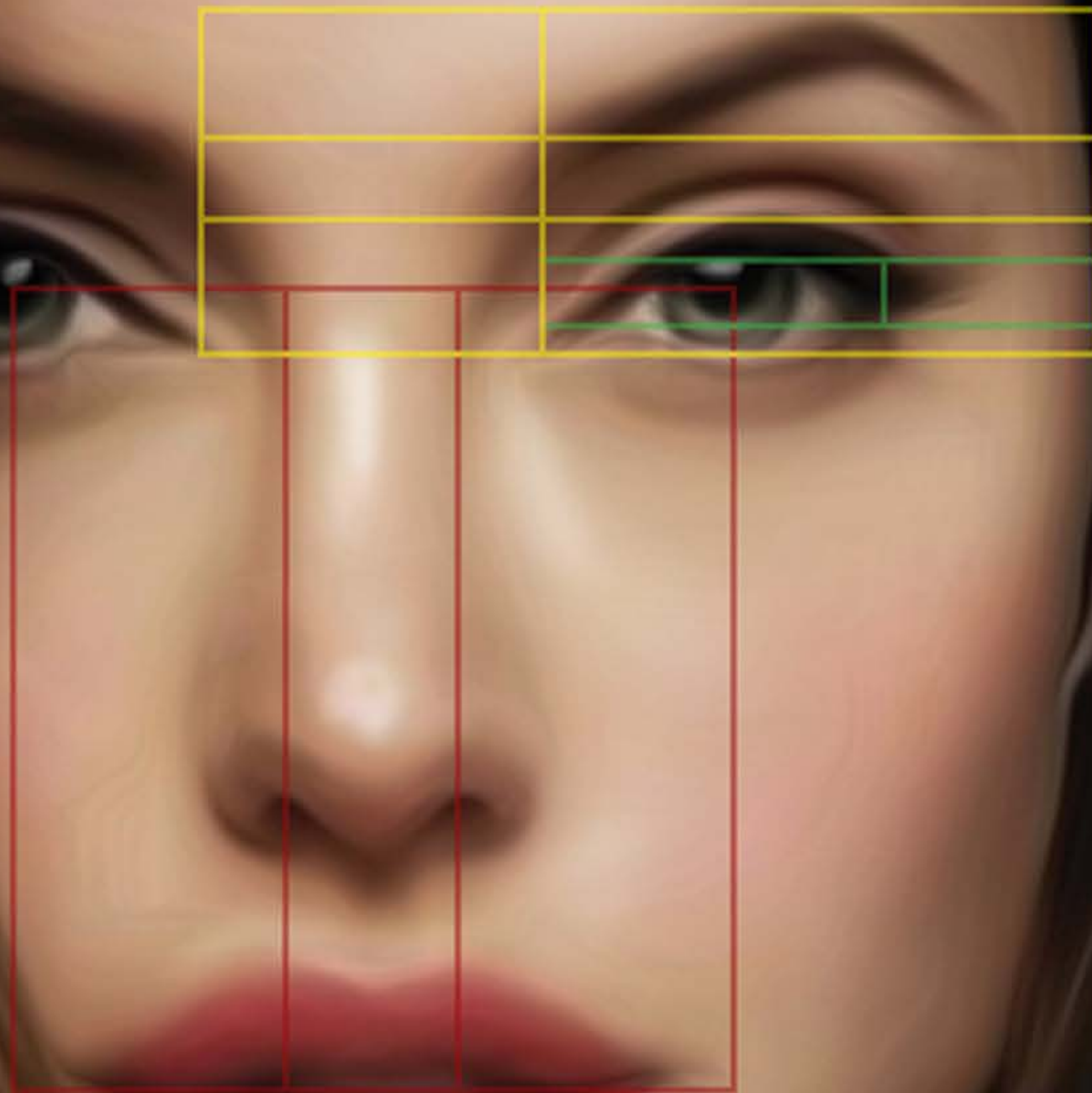
## ***Our Services***

- *Oral Surgery*
- *Pediatric Dentistry*
- *Full Mouth Restoration*
- *Porcelain Veneers and Smile Makeover*
- *Dental Crowns and Bridges*
- *Teeth Whitening*
- *White fillings*
- *Dentures*
- *Gum disease therapy*
- *Dental Implants*
- *Root Canal Therapy*
- *Bite Correction*
- *Laser therapy*





ideal smile  
Dr Aqib Mudassar DDS USA



***Want to go from ordinary  
to extra ordinary?***

***We design your smile with the same  
proportions, others see as beautiful and natural.***



# GOLDEN PROPORTION

The physical components that are the core of beauty and attractiveness come down to balance and proportion. This natural law of beauty is known as the **Golden Proportion**. It is a vital concept needed to be understood and incorporated into the art of designing a flawless smile.



*The Golden Ratio ensures your beautiful smile looks most natural. This happens when you take into consideration: "face shape, tooth color, tooth size, light refraction, age and skin tone."*

Our dentists at Ideal Smile will design your smile using this natural law of beauty. This ratio has been found in art, architecture, music and nature time and time again. At Ideal Smile, we are aware of these ideal teeth proportions, and when you schedule a visit for a consultation for a cosmetic procedure these ideal proportions are used to create that perfect smile.





ideal smile



Competent team working under the supervision of Dr Aqib.

Have had the best experience of my life by getting the ideal smile from the Ideal Smile ❤️





# SMILE MAKEOVER

*The objective of a smile makeover case is not only a beautiful natural looking smile but also long term prognosis of the teeth.*

*We at ideal smile not only give you the best possible smile but also Promise a long term prognosis so that you don't have to keep worrying about going to the dentist to get your crowns glued again. every few months.*

A smile makeover is the process of improving the appearance of a smile through one or more cosmetic dentistry procedures. Smile makeover can be achieved through the following procedures

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Veneers  
Crowns  
Laser  
Teeth whitening  
Full mouth rehabilitation  
Orthodontics  
(Braces and clear aligners)

---

***Watch how Dr.Aqib Mudassar Plans new smiles.***

 **[https://youtu.be/wC3DqYyh\\_TA](https://youtu.be/wC3DqYyh_TA)**





**Before**

**After**





**Before**



**After**



*This was a young patient who had broken front teeth due to which she was very conscious about smiling. All she needed was **paper thin crowns** to restore her beautiful smile.*

**Video link: <https://fb.watch/2ySfTHGvax/>**



**Before**



**After**



“

*This lady came to us in her 60s and she was really particular about what she wanted in her smile. We gave her **Zirconia** bridges to enhance her smile that would complement her face as well.*

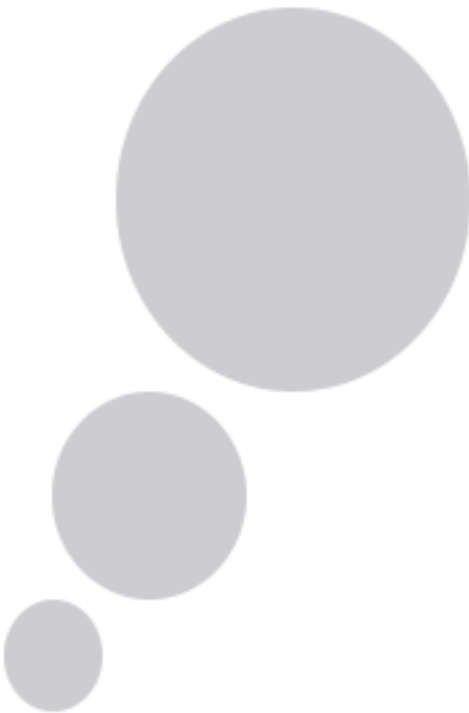
”



Before



After



“  
From chipped teeth to a Hollywood smile  
the magic of Veneers at **Ideal Smile Dentistry**  
”





**Before**



**After**

“This patient came to us with front two crowns in very poor condition. He was 17 years old when one of his front two teeth got fractured. Unfortunately, he was guided to get the other tooth crowned as well due to the misconception that only one crown will look odd since color will not match with the rest of teeth. When the previous crowns were removed, the teeth below were in poor condition due to the low quality of work. We gave him a complete smile makeover along with his by **doing two zirconia crowns** on the front teeth with the perfect shade matching.”



**Before**



**After**



“

*“A 58 years old lady who wanted to improve the functions of her teeth and smile as well After **veneers she can now smile with confidence** and the smile she deserve.*

”





**Two pictures,  
just week apart!**





ideal smile

Before



After

“

*“A 50 year old patient wanted to get a Hollywood smile since ages and came to us from islamabad  
**We gave him 8 crowns** to give him the smile he wanted and to keep his bite balanced as well.”*

”

video link: <https://fb.watch/2ySPYYstxh/>





ideal smile



***Before***

***After***



***<https://fb.watch/2GTMCa4W0S/>***



**Before**



**After**

“

*This patient saw opportunities in her natural smile that she wanted to improve. All you have to do is look at the **ideal smile** she has after **paper thin veneers** that were done on her 6 teeth.*

”





# SAME DAY SMILE

*At Ideal Smile Same Day Smile can be achieved for suitable candidates if you have missing teeth or no teeth at all by using "Implants Smile makeover can have a life changing impact with the help of implants Our internationally trained dentists with extensive international training and experience are here to help you get an Ideal Smile.*

**Before**



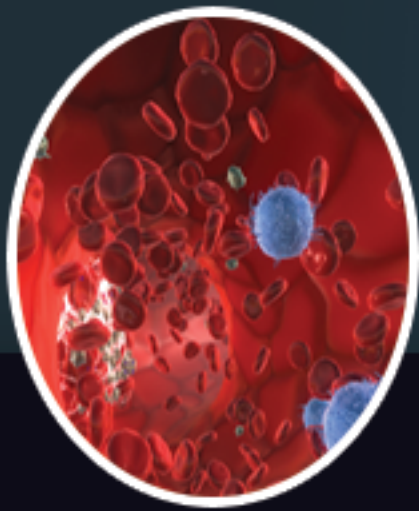
**After**



# THE FACTS

Your mouth talks to your body  
Your body talks to your mouth

01



Bacteria in your mouth travel to other parts of your body through your bloodstream ~ AAOSH

02



Gum disease increases the risk of **Head and Neck Cancer** ~ AAOSH

03



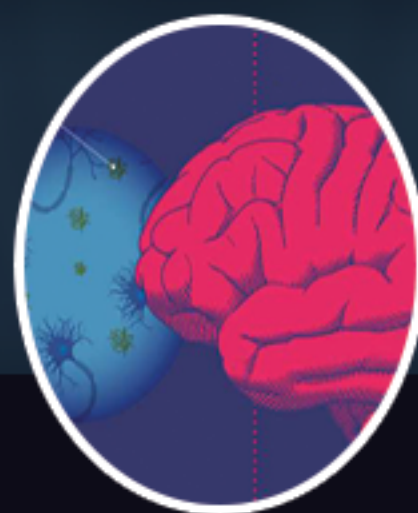
People with Gum Disease are twice as likely to die from Heart disease & three times as likely to die from stroke ~ MAYO CLINIC

04



Research has found an association between **Gum disease** and **Rheumatoid Arthritis** ~ AAOFP

05



Tooth loss & Gum disease increases the risk of **Alzheimer's disease** ~ MAYO CLINIC

06



**Cavities** are caused by a germ that spreads while kissing & sharing food ~ AAOSH

07



93% of people with gum disease are at the risk of **Diabetes** ~ AAOSH

08



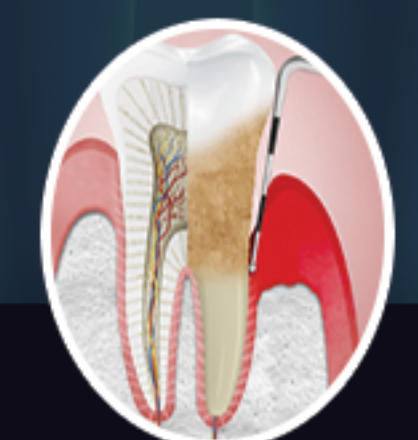
Gum disease increases **Pancreatic & Kidney Cancer** risk by 62% ~ WAVARD

09



Pregnant women with gum disease have only 1 in a 7 chance of giving birth to healthy child of normal size ~ AAOSH

10



The Surgeon General reports that at least **80% of american adults** have Gum disease ~ AAOSH



## Complete Health Dentistry

We practice Complete health dentistry at Ideal smile. It is an approach to dental care that recognizes the crucial link between the oral health and the overall health of the body as a whole. By taking preventive measures to maintain good oral health, we can help our patients enjoy better overall health and vitality.

### How mouth can be a source of other body issues?

1. Gum disease can lead to chronic inflammatory diseases such
  - Heart attack
  - Rheumatoid arthritis
  - Alzheimer
  - Pregnancy complications such as premature birth labor and pre-eclampsia
  - Diabetes
  - Stroke
  - Pancreatic cancer
2. Malocclusion, missing teeth and improper restoration may contribute to
  - TMDs
  - Gastric issues
  - Tension in back, neck and shoulder muscles
  - Migraines
  - Sleep apnea
3. Our body responds to inflammation by activating our body's immune response. If there is any infection in our mouth and it stays infected for a long period of time, the body utilizes most of its healing resources and ultimately lowers body ability to fight against many diseases including **COVID-19**.



# MIGRAINES & DENTAL ISSUES



The imperfect position of the teeth when the jaws are closed is called **malocclusion**. These interferences can prevent the jaw from closing in its correct position. Interferences can occur as teeth develop, after an injury or accumulate over time with wear. Interferences from a malocclusion can prevent the jaw from fully sliding into its anatomically correct position. This means that the muscles of the jaw and neck are never able to fully relax. This may result in: **Severe headaches**, **Neck aches & tooth pain**. Many patients may develop bruxism, or teeth grinding, as their jaw seeks its natural position. Bruxism can cause loss of tooth structure and receding gums. It may also necessitate the need for dental treatment if the teeth are affected severely enough. Over time patients may develop temporomandibular joint issues if interferences go untreated.



**Before**



**After**



“  
*In her quest to find a place to that could give her an **ideal smile** this patient put her trust in us and we gave her the beautiful smile she wanted. You only need to look at the pictures to see the difference for yourself!*  
”

**video link: [https://fb.watch/2yStME\\_wT2/](https://fb.watch/2yStME_wT2/)**





ideal smile

**Before**



**After**

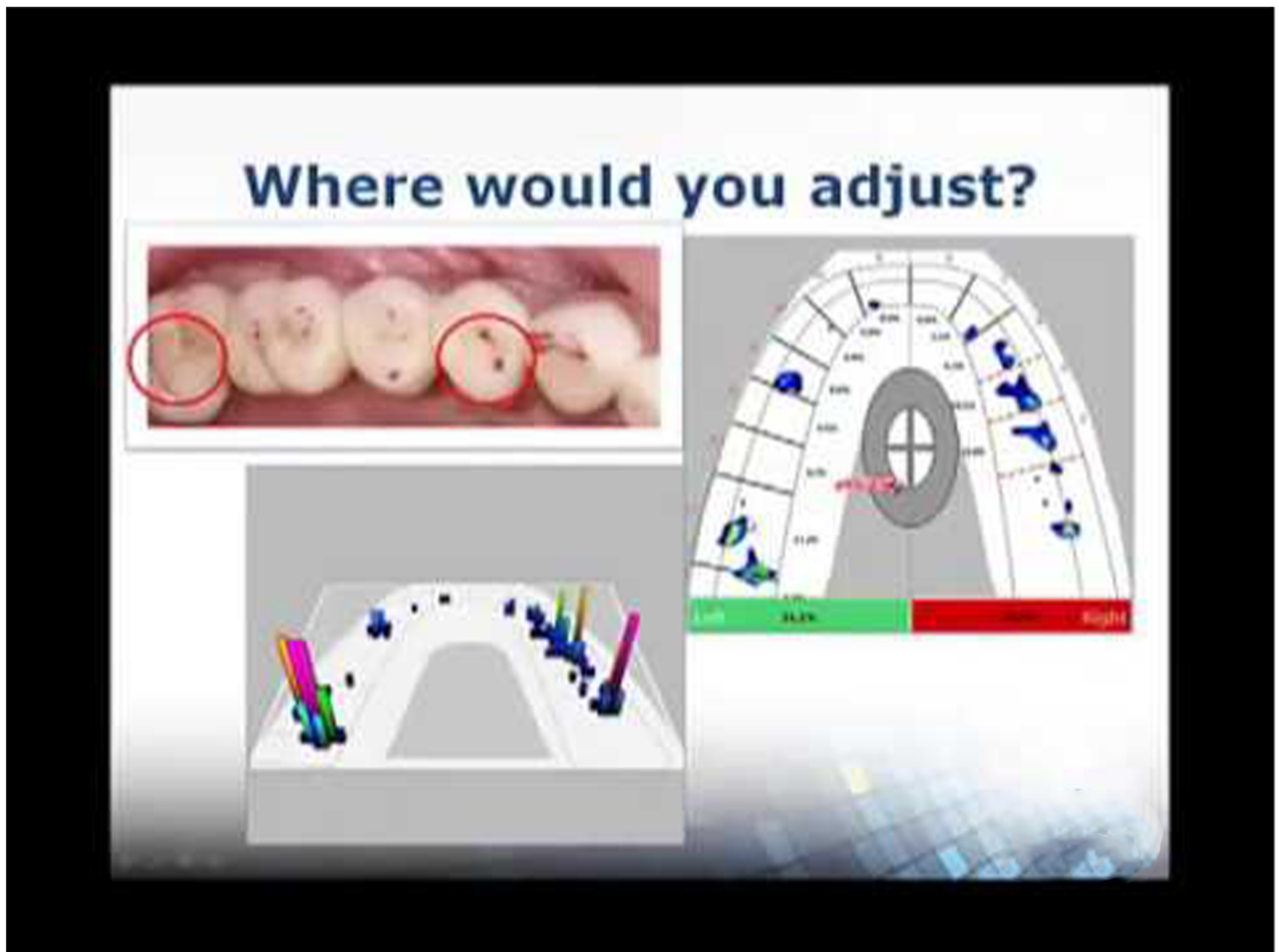


“

*This patient had completely worn down teeth due to heavy bite. She also had cracks in her teeth. These issues lead to severe migraines and inability to eat properly. We restored the height of her teeth and gave her a beautiful smile.*

”





**T-Scan's** state-of-the-art, innovative, digital technology that helps us to identify premature contacts, excessive forces, and interrelationship of occlusal surfaces. This important data cannot be captured by traditional methods.

By eliminating destructive forces on a new restoration, or performing an occlusal analysis and adjustment procedure, T-Scan helps us balance our patients' bite thus eliminate possibility of tooth fracture due to unbalance bite. **Dr. Aqib has personally treated 100 of patients** with migraine to give them better lifestyle.

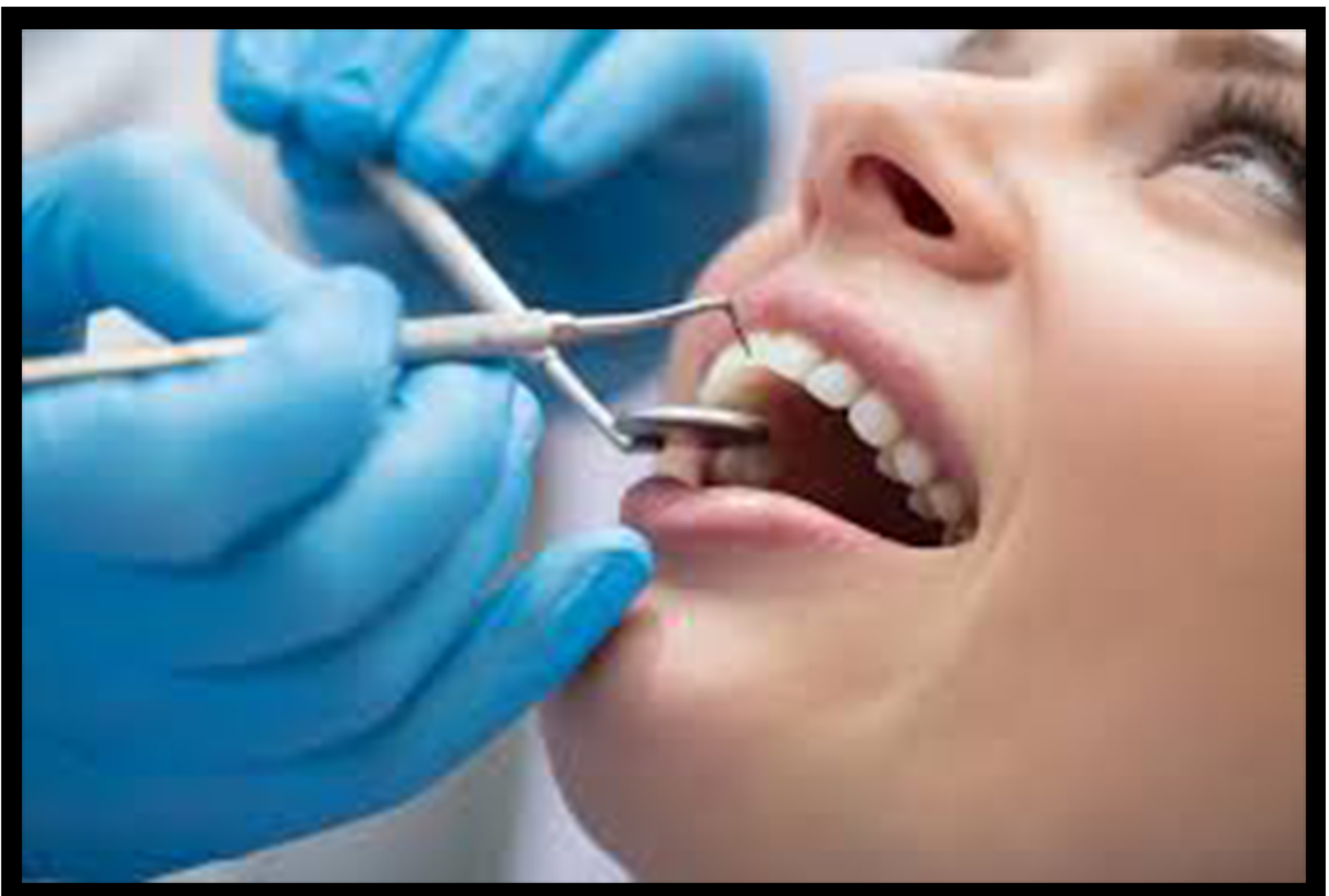


## Painless Dentistry

Ideal Smile offers you a **friendly, relaxed and anxiety free** environment where you can get your dental needs addressed. Imagine undergoing extensive dental surgery and waking up with the Smile of your dreams. Visit us and experience dental treatment without any fear of pain.

## Hygiene

Hygiene is very important to increase the life of not only your own natural teeth but also crowns, veneers and bridges. It also allows us to identify any new issues arising in the mouth so that they can be addressed at early stage. We also get a chance to check the status and success of any previous work done. It is very important to have follow-up visits to keep track of the restorative work that is done.







# SMILE CORRECTION THROUGH ORTHODONTIC TREATMENT

**Orthodontic treatment** done at Ideal Smile is not only about correcting your smile rather about giving you complete function of all your teeth. We correct the alignment of all teeth including anterior and posterior teeth. The bite of the patient is also corrected and we make sure that you don't develop any side effects of orthodontic treatment.

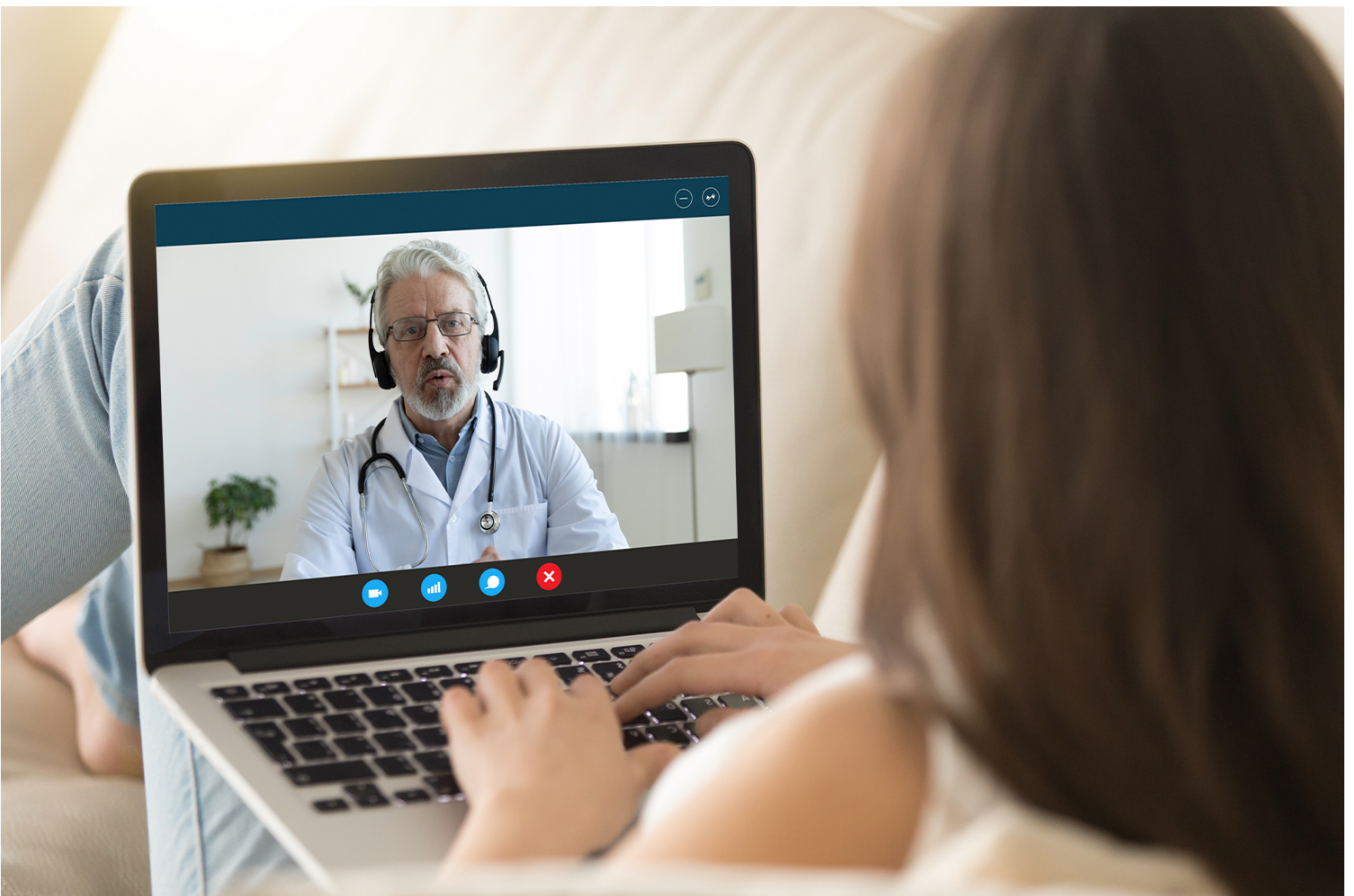






# VIRTUAL CONSULT

Ideal Smile has always given first priority to the comfort of our patients. Due to **COVID-19** many people are afraid to go out of their homes. We have launched the virtual consult platform where you can upload your dental concerns and get in touch with our dentist from the comfort of your home.







**Earn  
Rs. 2500!**



We are actively expanding our patient community,  
and we want your friends and family to be the first to join us.

## It's as easy as 1-2-3!

- 1** Complete a referral card and pass it along to a friend or family.
- 2** Have your friend submit it at our front desk before their first appointment.
- 3** Once the appointment is complete, we will credit Rs. 2500 to both of your accounts.



**REFER A FRIEND**





# PATIENTS REVIEWS

*video review:*

<https://fb.watch/2yVgzxvoMY/>



I recently visited ideal smile for a regular check up & I'm so glad I went to the right place. They guided me properly regarding my teeth and explained in detail how I can take care of them. They make sure that you understand where the problem is & also give you a solution. It's super important for ALL of us to get a regular dental checkup at least twice a year! What's more important is that we visit the RIGHT place for it. 100% recommended.

★★★★★ 4 months ago

My parents had their best dental experience here. They were treated respectfully by the staff and the treatment was very effective. They are using advanced machines and the hygiene is good too. I would highly recommend them.



Best dentist in Lahore. Got scaling and polishing service from them. Very professional team. Anyone looking for dental treatment should definitely visit Ideal Smile.

I strongly recommend this dental clinic if you have dental problems. They are providing excellence with great service.

The best dental care I have experienced! Professional, courteous, and very welcoming staff. Would highly recommend 👍👍

*video review:*

<https://fb.watch/2yVRjVLUTv/>

★★★★★ a month ago

Got teeth whitening service from ideal smile. Very professional team. Highly recommended!



★★★★★ 2 months ago

@idealsmileofficial - The best dental care I have ever experienced! I recently went their for the consultation.

Professional, courteous, and friendly staff made me feel like family. They explained very well what was going on. You know you are in good hands when you learn things about your mouth, bone structure, gums that you had no clue about. Did such a great job. Would highly recommend to anyone!!!

Also they're consulting for free till Oct So if you've any mouth/tooth concerns please visit them asap.

*Video review:*

<https://fb.watch/2yW3cg7wVO/>





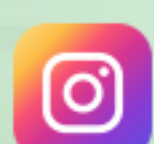
## WHY IDEAL SMILE?

- Cross Infection control procedures – California standards strictly implemented.
- We not only care about your oral health but rather your overall health. We believe we practice dentistry in a way where we take care of your problems and keep you away from future problems.
- We believe with proper hygiene care and bite; you can be disease free for life.
- 5-year warranty on crown and bridge with proper hygiene protocols followed.
- No loss of tooth after crowing for life. (Hygiene protocols mandatory)
- Our patients are our VVIPs.
- Natural looking smiles because you deserve the best.
- Only dental office in Pakistan to correct your bite issues with latest technology to help you save your teeth from chipping and cracks and get rid of your migraines.
- Ideal Smile signature one-hour consult.

*“Best Dental Experience in Pakistan”*



/idealsmileofficial



idealsmiledentistry



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